



COURSE UNIT INFORMATION SHEET (*SYLLABUS*)

2022/2023

| |
|---|
| Name Environmental Psychology |
| Teaching staff (Also indicate the Professor in charge) José Manuel Palma-Oliveira (in charge) Sergio Moreira |
| ECTS 6 |
| Functioning 4 hours per week in a integrated (theory and practical exercises) setting |
| Learning goals This is a course that has as main objective the systematic identification and use of Social and Cognitive Psychology to the human – environment interaction. The identification and application of those theories in the different analyzed human – environment contexts will be the main focus of the course. |
| Skills to be developed This course considers that the Psychology application, by and large, have to be attained following a set of clear methodological and conceptual rules. Managing those rules (Turner’s conceptual external validity) in a array of diverse contexts will be the basic skill to be developed. |
| Prerequisites (precedences) * None |
| Contents <ol style="list-style-type: none">1. PATH: A model for the application of (Social) Psychology to problems2. Main theories of Human Environment Interaction<ol style="list-style-type: none">a) Environmental Stress |



b) Risk perception

c) Local and Social Identities

3. Main application contexts

a) Healthy urban and housing design

b) Promotion of sustainable Environmental behaviors

c) Risk and Security

Bibliography

APA (2011) Psychology and Global Climate Change: Addressing a Multi-faceted Phenomenon and Set of Challenges. <http://www.apa.org/science/about/publications/climate-change.aspx>

APA (2021) Mental health and our changing climate: Impacts, inequities, responses. <https://www.apa.org/news/press/releases/mental-health-climate-change.pdf>

Bernardo, F. & Palma-Oliveira, J. M. (2016) Urban neighbourhoods and intergroup relations: The importance of place identity [Journal of Environmental Psychology 45 \(2016\) 239 – 251](#)

Bernardo, F. & Palma-Oliveira, J. (2022) Tell me where you live... How the perceived entitativity of neighborhoods determines the formation of impressions about their residents *Front. Psychol.* 13:821786. doi:10.3389/fpsyg.2022.821786

Buunk, A., Van Vugt, M. (2013) *Applying social psychology: from problems to solutions*. Sage.

Teaching methods

Classes will be centered in the discussion of different problems in order to be able to apply the PATH methodology and identify clearly both the theories and intervention methodologies

Evaluation Regimes (General and/or Alternative)

General

Evaluation Elements

(Dates due, weights, minimum required grades)

The evaluation has essentially two components of equal value (50%), i.e., a) a group work (1 up to 5 students) that have to present a report, following the APA rules, where they present either a revision and / or empirical research discussed previously with the teaching staff, and b) and exam with consultation where the students have to answer to a question within a certain amount of space. The students can be requested, at their will, to serve as experimental subjects.

Rules for grade improvement



The students can improve their grades either presenting new group work or answering to new exam

Rules for students having previously failed the course unit *

They can preform the evaluation the following year

Requirements on attendance and punctuality

2/3 of the classes are obligatory.

Rules for special students

(workers, elite athletes, student body leaders, military, fathers/mothers, with special needs) *

Language of instruction

Portuguese and English.

Disciplinary violations and penalties

According to the Evaluation of Learning Regulation of the Faculty of Psychology of the University of Lisbon, the following behaviors are considered as disciplinary offenses subject to disciplinary action:

- a) To use or attempt to use materials, information, notes, study resources or other objects and equipment not authorized in academic exercises;
- b) To help or try to help a colleague in committing a disciplinary offense;
- c) To submit the same written work for evaluation in different course units without permission from the instructors, even if with minor changes;
- d) To present someone else's work as one's own;
- e) To forge, or change without permission from the author, any information or citation in an academic work;
- f) To interfere, change or attempt to change grades;
- g) To try to prevent or interfere with the proper functioning of classes, research or other academic activities;
- h) To make false accusations regarding instructors, governance bodies, other students or non-teaching staff of the FPUL;
- i) To falsify signatures in attendance sheets, documents relating to evaluation elements or in any official document relating to an academic process or status.

Disciplinary offenses committed in any assessment element can lead to its annulment, and must be reported to the Pedagogical Council or, considering their gravity and repetition, may lead to other penalties, to be determined by the Rector of the University of Lisbon.

* If applicable