



## COURSE UNIT INFORMATION SHEET (SYLLABUS)

2021/2022

**Study Programme** Undergraduate degree in Psychology

<b>Name</b> Psychopathology
<b>Teaching staff</b> (Also indicate the Professor in charge) Prof <sup>ª</sup> Dra. Sílvia Ouakinin (Professor in charge) Prof <sup>ª</sup> Dra. Ana Sofia Medina
<b>ECTS</b> 6
<b>Functioning</b> Regular Course Unit. 2nd semester. Theoretical Classes (2 hours/ week) Practical classes (4 practical classes: 2 hours/ week each class)
<b>Learning goals</b> - To present the scientific foundations of psychopathology; - To describe the semiology of the disturbances of the main mental functions; - To describe the main mental disorders and their differential diagnosis
<b>Skills to be developed</b> - Raising awareness of the diagnostic clinical interview and of the specific problems of psychologist - patient and family relationship; - Ability to differentiate normal from pathological and to identify key frames of



psychopathology;

- Ability to make individualized diagnoses in the context of personality and family relationships.

**Prerequisites** (precedences) \*

Not applicable

**Contents**

- Psychopathology - Historical aspects. Normal and pathological. Models and Theories. Phenomenology. Symptom, syndrome and disorder. Diagnosis and classifications;
- The clinician – patient encounter
- Mental disorders and stigma
- Psychopathology of consciousness, orientation, attention and memory;
- Psychopathology of mood, motivation and motor activity;
- Psychopathology of perception, thought, speech and intelligence;
- Anxious syndrome. Anxiety disorders (panic, generalized anxiety, phobias). Obsessive-compulsive disorder;
- Mood disorders. Depressive and maniac syndromes.
- Personality disorders;
- Self-injurious behavior and suicide;
- Somatization. Somatic symptom and related disorders.
- Stress. Stress related disorders and adjustment disorders;
- Paranoiac syndrome. Schizophrenic and schizophreniform disorders;
- Confusion and dementia syndromes. Neurocognitive disorders;
- Alcoholism and other drug addictions;
- Review and critical discussion of the programmatic topics included in the Unit



## Bibliography

### Fundamental bibliography

- Casey, P., & Kelly, B. (2008). *Fish - Psicopatologia clínica. Sinais e sintomas em psiquiatria* (3ª ed.). Libri-Faber Serviços Editoriais.
- Vallejo Ruiloba, J (Ed.) (2015). *Introducción a la psicopatología y la psiquiatria* (8th Ed.) Elsevier Masson.
- Figueira, M. L., Sampaio, D., & Afonso, P. (Coord.) (2014). *Manual de psiquiatria clínica*. Lidel..
- Oyebode, F. (2011). *Andrew Sims Sintomas da mente. Introdução à psicopatologia descritiva* (4ª ed.). Libri-Faber Serviços Editoriais.
- Cowen, P., Harrison, P., & Burns, T. (2018). *Shorter Oxford Textbook of Psychiatry*, vol.1. (7<sup>th</sup> ed.) Oxford University Press.

### Teaching methods

Theoretical classes: presentation and discussion of the programmatic contents;

Practical classes: clinical interview and history of a patient, or video, and diagnostic discussion;

Active participation of students is encouraged

### Evaluation Regimes (General and/or Alternative)

General evaluation regime – Final Exam

Group presentation and individual report of a topic included in the programmatic contents

### Evaluation Elements

(Dates due, weights, minimum required grades)

Final exam: written exam, without consultation, consisting of two clinical cases to comment, each rated 3 points, and 14 multiple-choice questions with 5 alternatives each, rated 14 points, for a total of 20 points.

Final exam classification required a minimum of 9.5 values for approval in the UC and weighting of 70% in the final grade

Group presentation in practical classes and delivery of individual abstract type report, with a maximum limit of two pages and weighting of 30% in the final grade

### Rules for grade improvement

Repeating the exam in subsequent season is allowed. The grade improvement focuses only on the final exam.



### **Rules for students having previously failed the course unit \***

Students who already have proof of attendance are allowed to only repeat the written test.

Students who have passed the practical evaluation in the previous academic year (group presentation and individual report) can keep the grade.

### **Requirements on attendance and punctuality**

Requirements on attendance and punctuality 2/3 attendance of total hours of practical classes

### **Rules for special students**

(workers, elite athletes, student body leaders, military, fathers/mothers, with special needs) \*

### **Language of instruction**

Portuguese

### **Disciplinary violations and penalties**

According to the Evaluation of Learning Regulation of the Faculty of Psychology of the University of Lisbon, the following behaviors are considered as disciplinary offenses subject to disciplinary action:

- a) To use or attempt to use materials, information, notes, study resources or other objects and equipment not authorized in academic exercises;
- b) To help or try to help a colleague in committing a disciplinary offense;
- c) To submit the same written work for evaluation in different course units without permission from the instructors, even if with minor changes;
- d) To present someone else's work as one's own;
- e) To forge, or change without permission from the author, any information or citation in an academic work;
- f) To interfere, change or attempt to change grades;
- g) To try to prevent or interfere with the proper functioning of classes, research or other academic activities;
- h) To make false accusations regarding instructors, governance bodies, other students or non-teaching staff of



the FPUL;

i) To falsify signatures in attendance sheets, documents relating to evaluation elements or in any official document relating to an academic process or status.

Disciplinary offenses committed in any assessment element can lead to its annulment, and must be reported to the Pedagogical Council or, considering their gravity and repetition, may lead to other penalties, to be determined by the Rector of the University of Lisbon.

\* If applicable