



COURSE UNIT INFORMATION SHEET (SYLLABUS)

2020/2021

Name Psychopathology
Teaching staff (Also indicate the Professor in charge) (professor in charge) Prof. Ana Sofia Medina
ECTS 6
Functioning Regular Course Unit. 2 ^d semester. Lectures (Tuesdays from 1pm to 3 pm) Practical classes (4 practical classes: Wednesdays and Fridays, from 1pm to 3pm and from 3pm to 5pm) Seminar on Sensitization to health worker-patient relationship (1 Saturday from 9.30am to 1.30pm)
Learning goals - Scientific foundations of psychopathology; - Semiology of the disturbances of the main mental functions; - Description of the main mental disorders and their differential diagnosis.
Skills to be developed - Empowerment for direct contact with outpatients and inpatients;



- Raising awareness of the diagnostic clinical interview and of the specific problems of psychologist - patient relationship;
- Ability to differentiate normal from pathological and to identify key frames of psychopathology;
- Ability to make individualized diagnoses in the context of personality and family relationships.

Prerequisites (precedences) *

Not applicable

Contents

- Introduction to Psychopathology. Historical aspects. Normal and pathological. Models and Theories. Phenomenology. Symptom, syndrome and disorder. Diagnosis and classifications;
- Psychopathology of consciousness, orientation, attention and memory;
- Psychopathology of perception, thought, speech and intelligence;
- Psychopathology of mood, motivation and motor activity;
- Personality disorders;
- Anxious syndrome. Anxiety disorders (panic, generalized anxiety, phobias). Obsessive-compulsive disorder;
- Depressive and maniac syndromes. Mood disorders;
- Self-injurious behavior and suicide;
- Paranoiac syndrome. Schizophrenic and schizophreniform disorders;
- Confusion and dementia syndromes. Delirium and other neurocognitive disorders;
- Somatic symptom and related disorders. Trauma and stressor related disorders;
- Alcoholism;
- Other drug addictions;
- Optional theme.

Bibliography

- Casey P. e Kelly B. (2008). *Fish - Psicopatologia Clínica. Sinais e Sintomas em Psiquiatria*. 3ª edição. Libri-Faber Serviços Editoriais. Lisboa.
- Correia DT (Coordenador) (2014). *Manual de Psicopatologia*. 2ª edição. Lidel. Lisboa.
- Figueira M.L., Sampaio D., Afonso P. (Coordenadores) (2014). *Manual de Psiquiatria Clínica*. Lidel. Lisboa.
- Oyebo F. (2011). *Sintomas da Mente - Andrew Sims. Introdução à Psicopatologia Descritiva*. 4ª edição.



Libri- Faber Serviços Editoriais. Lisboa.

- Cowen, P., Harrison, P., & Burns, T. (2018). *Shorter Oxford Textbook of Psychiatry* vol.1. 7th ed. Oxford University Press. London.

Teaching methods

Lectures with discussion;

Practical classes with clinical interview or history of patients and diagnostic discussion;

Seminar: building of the health worker-patient relationship (presented by a senior); role playing in small groups.

Evaluation Regimes (General and/or Alternative)

Written exam, without consultation, consisting of two clinical cases to comment, each rated 3 points, and 7 short-answer questions, each rated 2 points, for a total of 20 points.

Alternative Evaluation Regime (COVID19) Written exam (via Moodle), consisting of two clinical cases to comment, each rated 3 points, and 7 short-answer questions, each rated 2 points, for a total of 20 points.

Evaluation Elements

(Dates due, weights, minimum required grades)

Not applicable

Rules for grade improvement

Repeating the exam in subsequent season is allowed.

Rules for students having previously failed the course unit *

Students who already have proof of attendance are allowed to only repeat the written test.

Requirements on attendance and punctuality

2/3 attendance of total hours of practical classes and seminar.

Rules for special students



(workers, elite athletes, student body leaders, military, fathers/mothers, with special needs) *

2/3 attendance of total hours of practical classes and seminar.

In the case of failed attendance of practical classes and seminar, alternatives such as attending consultations will be allowed.

Language of instruction

Portuguese.

Disciplinary violations and penalties

According to the Evaluation of Learning Regulation of the Faculty of Psychology of the University of Lisbon, the following behaviors are considered disciplinary offenses subject to disciplinary action:

- a) To use or attempt to use materials, information, notes, study resources or other objects and equipment not authorized in academic exercises;
- b) To help or try to help a colleague in committing a disciplinary offense;
- c) To submit the same written work for evaluation in different course units without permission from the instructors, even if with minor changes;
- d) To present someone else's work as one's own;
- e) To forge, or change without permission from the author, any information or citation in an academic work;
- f) To interfere, change or attempt to change grades;
- g) To try to prevent or interfere with the proper functioning of classes, research or other academic activities;
- h) To make false accusations regarding instructors, governance bodies, other students or non-teaching staff of the FPUL;
- i) To falsify signatures in attendance sheets, documents relating to evaluation elements or in any official document relating to an academic process or status.

Disciplinary offenses committed in any assessment element can lead to its annulment, and must be reported to the Pedagogical Council or, considering their gravity and repetition, may lead to other penalties, to be determined by the Rector of the University of Lisbon.

* If applicable