Designation
Schools and Models of Systemic Intervention

Teachers
Professora Doutora Isabel Narciso Davide (Responsável)
Professora Doutora Carla Crespo
Professora Doutora Luana Cunha Ferreira

Credits (ECTS)
6 Ects

Functioning
Theoretical-practical classes

Aims
- Reflect critically on the evolution of family therapy and on clinical implications.
- Understand, analyze and differentiate some of Systemic Family Therapy Models and Schools
- Learn to apply different methods of intervention in family systems.
- Understand, analyze, differentiate, and learn to apply different methods of intervention in community settings

Prerequisites (Precedence)
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Syllabus
I - Systemic Assessment: individuals, couples, families and communities
II - Developments in Systemic Family Therapy - from 1st to 2nd cybernetic
III - Schools and Models of Systemic Intervention
1. The School of the Mental Research Institute (MRI)
2. The Structural School
3. The Strategic School
4. The Milan School and the Pos-Milan School
5. The Experiential-Symbolic School
6. Narrative therapies
7. Solution-Focused Therapy

References
### Teaching Methodologies

Case studies, discussions, group exercises, role-play, theoretical exposure.

### General Evaluation Rules:

- **Group Exercise - Case Study**: Oral presentation and written report (50%)
- **Individual Final Oral Evaluation**: (50%)
- Attendance in class is controlled

### Alternative Evaluation Rules (option for students covered by the Special Regime):

- **Individual Final Written Examination - case study**: (without consulting learning documents)
- Attendance in class is not controlled

### Rules about classification improvement

- Classification improvement can only be made if there is an official information about evaluation.
- Classification improvement necessarily implies an oral examination (on all the syllabus contents).
- Classification improvement of group work cannot be done in the same year.

### Requirements for assiduity

According to the rules of the Regulamento de Avaliação das Aprendizagens.

The justifications for absences will be analyzed on a case-by-case basis, and should be delivered to the teacher until one week after the absence. Failure to justify absences may lead to failure in the Unit.

### Students covered by the Special Regime

According to the rules of the Regulamento de Avaliação das Aprendizagens.

### Language

- Portuguese